

INTRODUCING



Fall Champion Training from the fall experts at SafelyYou

Those living with dementia have unique needs that vary widely from one individual to another. A person-centered approach is necessary to reduce safety risks; however, standard fall prevention programs do not address the particular needs.

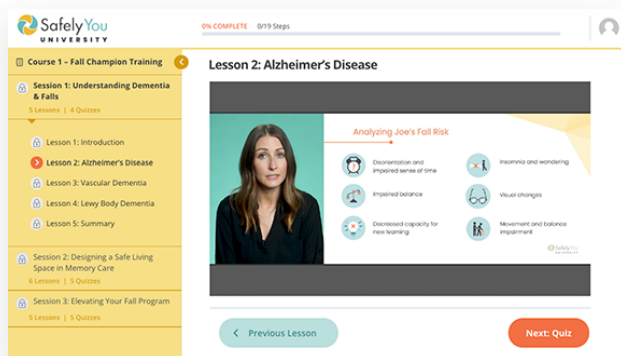
Tapping into 10,000+ clinical reviews of fall videos, the dementia and fall experts at SafelyYou are proud to introduce SafelyYou University, a new, first-of-its-kind fall prevention program that fills this gap by offering training courses tailored to specific profiles of those living with dementia.

SafelyYou University is uniquely focused on developing Fall Champions, so they can lead fall prevention efforts in memory care communities.

The role of Fall Champions includes:

- ✓ **Leading consistent, timely fall huddles**
- ✓ **Monitoring effectiveness of interventions**
- ✓ **Coordinating staff in-services and ongoing education related to falls**
- ✓ **Collecting fall data and sharing results with operators and care team**

SafelyYou University is launching with **two key components:**



Course 1: Fall Champion Training

Course 1: Fall Champion Training includes a series of short video-based lessons and accompanying quizzes for each of the following sessions:

SESSION 1: UNDERSTANDING DEMENTIA AND FALLS

Understanding the impact of dementia is vital when analyzing resident behavior and determining fall prevention methods. Participants will gain an in-depth understanding of key forms of dementia and the effect common symptoms have on resident falls.

SESSION 2: DESIGNING A SAFE LIVING SPACE WITHIN MEMORY CARE


Extrinsic factors within the private room can impact fall risk. SafelyYou has identified top environmental considerations and design solutions for fall champions to implement within their communities.

SESSION 3: ELEVATING YOUR FALL PROGRAM

Proper response to a fall event can reduce risks to both residents and staff. In addition, a detailed understanding of fall analysis and the process for extracting meaningful information regarding resident patterns, behaviors and fall risk factors is necessary for team collaboration during fall huddles and community fall reduction.

Fall Response

Train caregivers on best practice fall response.



Learning Objectives

Participants will gain a deeper understanding of a resident's perspective during a fall event. After the session, participants will be able to identify and model proper fall response procedures including lowering at entry, alerting a secondary team member and completing a comprehensive physical evaluation.

Assessment

Ensure all participants have played 3 roles: first responder, secondary responder, and resident.

Discuss proper vs. improper response to a fall, highlighting the event from a resident's perspective.

Suggested Application

To reinforce the concept of fall response, try this interactive role play with your team.

1. Play the video SafelyYou University Training: Fall Response
2. Discuss proper vs. improper response to a fall, highlighting the event from a resident's perspective
3. Break participants into groups of 3 to role play proper response
4. Monitor groups for the following:
 - lowering at entry
 - comforting the resident
 - calling for a second team member
 - completion of a physical evaluation

2 In-Service Training Toolkit

The In-Service Training Toolkit is specifically designed for the Fall Champion to teach and share the fall prevention concepts, techniques, principles and tools they learned. Each module includes a video to leverage for direct-care staff training, which often includes clips pulled from the coursework, as well as new footage to illustrate the lesson.

In-Service Training Modules

- ✓ Responding to a fall event
- ✓ Safe resident transfer off the ground
- ✓ Proper mobility aid placement
- ✓ Cueing techniques for walker use
- ✓ Cueing techniques for wheelchair use
- ✓ Use of environmental sweeps
- ✓ Walker: Types & fit
- ✓ Wheelchair: Types & fit

SafelyYou University is a free program, open to all interested in fall prevention in senior living and memory care.

To get started, visit:
university.safely-you.com

or click the button below

Visit SafelyYou University

You'll also find additional comprehensive information about the coursework and the industry experts who developed the training along with FAQs and more. Still have questions, reach out to university@safely-you.com.